

GRAB & GO FOOD EXPRESS CANTEEN MENU



SANDWICHES

Avocado	\$3.00
Chicken	\$3.00
Ham	\$3.00
Turkey & Cranberry	\$3.00
Vegemite	\$2.50
Add Salad	\$1.50
tomato, lettuce, cucumber carrot & cheese	
Gluten Free bread	\$1

WRAPS

Ham	\$5
Chicken	\$5
Turkey	\$5
Includes lettuce, cheese, carrot & mayo	

SALAD PACKS

Ham	\$5.50
Roast Chicken Tenderloin	\$5.50
Tuna	\$5.50
Salad packs include lettuce, cheese, carrot, tomato, cucumber & salad dressing.	

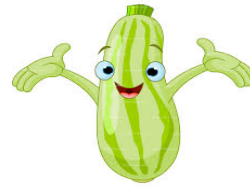
Chicken Caesar salad	\$6.50
Chicken Tandoori salad, tomato, Cucumber, onion & yoghurt	\$6.50
Tangy Tomato Pasta salad	\$6

SNACKS

Muffins	\$2.50
Fresh Fruit in a cup	\$2.50
Banana Chips	\$2.50
Popcorn	\$2.00
Cheese & Biscuits	\$3.00
Yoghurt	\$3.00
Chocolate donut	\$4.00
Chocolate custard	\$3.00



*Prices subject to change



HOT FOODS

Cauliflower Burger, tomato, lettuce cheese & yoghurt	\$6.80
Freshly crumbed chicken schnitzel parmigiana burger.	\$6.80
Chicken Yiros with lettuce, cheese, tomato & Yoghurt	\$6.80
Grilled chicken burger with lettuce, tomato & cheese.	\$6.80
Handmade burger with cheese & sauce	\$6.80
Bolognaise with pasta packed with hidden vegetables	\$6.80
Lasagne	\$6.80
Chicken Nuggets	\$0.80
Baked Potato with Bolognaise sauce	\$6.80
Pizza	\$5
Nachos with mild salsa & cheese	\$6.80
Grilled Sausages with gravy & roll	\$6.80
Ham & Cheese Croissant	\$4.50
Hot Dog	\$5.20
Gluten Free Burger Bun	\$1

PASTRIES

Meat Pie	\$5
Junior Pie	\$3.50
Sausage Roll	\$5
Pasty	\$5
Quiche	\$5
Wholemeal Vegetarian Pasty	\$6
Gluten Free Pie	\$6

DRINKS

Water	\$2.20
Nippy Flavoured Milks, Chocolate, Strawberry & Honeycomb	\$3.20
Fruit Juices	
Apple, orange & apple/ blackcurrant	\$2.30
Up & Go	
Vanilla, Strawberry or Chocolate	\$3